

# MARGARET MELONI

## A PATH TO PEACE



In her more than 18 years in Corporate America which included roles in Fortune 500 management, Margaret Meloni observed how individuals who learned to cope with conflict succeeded and recognized their full potential, while others became road blocked.

Margaret developed a passionate belief that it takes courage and skill to be human at work and that all individuals have a responsibility to treat each other with dignity, respect and compassion.

Motivated by her beliefs and the desire to make a difference in the lives of others, Margaret acted on her vision by founding Meloni Coaching Solutions, Inc.

Her vision is to create a group of successful individuals who are at peace with their authentic selves; a group of people who help and support others; a group who bring humanity to the office and thrive because of it. Margaret sees a world where achieving peace and achieving success go hand-in-hand. Margaret's students and clients often find that what she really brings them is freedom to bring their authentic selves to the office.

The common thread across her client base is the desire to experience peace at work and the recognition that peace is not absence of conflict, peace is the ability to cope with conflict.

### **“How to Deal with Toxic Personalities and Create More Peace in the Office.”**

Toxic personalities can wreak havoc on your team. As employees are forced to work – and cope – with their difficult co-workers, morale drops, collaboration decreases, and productivity slows. And you can bet that some of your star performers will soon be heading for greener pastures – with other organizations – once they've grown tired of your dysfunctional team.

Walk away with:

- The ability to identify various types of difficult behaviors that can damage your team.
- Strategies for dealing with difficult co-workers and employees so that you can work together effectively.
- The ability to identify triggers that can cause YOU to become a difficult person.
- The understanding of whom and what you can really control.

Remember that other people's behavior is not about you, it is about them.

### **Who are Margaret's clients?**

Margaret works with :

- Corporate professionals
- Business owners
- Solo-preneurs
- Entrepreneurs
- People who understand that peace and professionalism can co-exist.
- People who are ready to manage conflict productively and bring peace to the workplace.

### **Margaret's clients are saying...**

**“Your presentation was terrific! People who did not even attend have been contacting me asking for the slides. I guess great news travels fast.”**

**"Your presentation was so valuable to our group."**

### **“EQ and You”**

Your ability to experience success at work and beyond is absolutely tied to your ability to get along with others. We are talking about your EQ.

EQ is the acronym for Emotional Intelligence. Not only do you have an IQ (Intelligence Quotient), you have emotional intelligence. Is it important to understand the technical aspects of your job? Yes! But.....

You need more. You NEED emotional intelligence. You need to be able to handle yourself and others, you need to build relationships. Good news! EQ can be developed. And that is what we will do in our time together.

When you leave you will understand the components of Emotional Intelligence AND walk away with tools to help you boost your own EQ.

### **TO BOOK MARGARET FOR YOUR EVENT:**

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